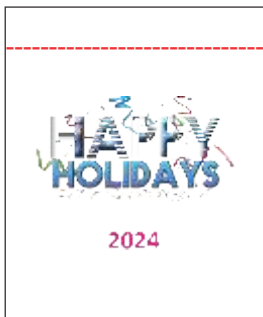


A festive graphic for the holidays. The words "HAPPY" and "HOLIDAYS" are written in a large, blue, 3D-style font. The letters are filled with a pattern of horizontal lines. The text is surrounded by colorful streamers in shades of blue, red, green, and yellow, and a shower of multi-colored confetti. The background is white.

**HAPPY
HOLIDAYS**

2024

DIRECTIONS



1.

Fold the page at perforation line.

2.


Carefully tear along the perforation
to reveal next page.

NOVEMBER 2023

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

DECEMBER 2023

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |



**“It is often the small
steps, not the giant
leaps, that bring
about the most
lasting change.”**

HRM QUEEN ELIZABETH II

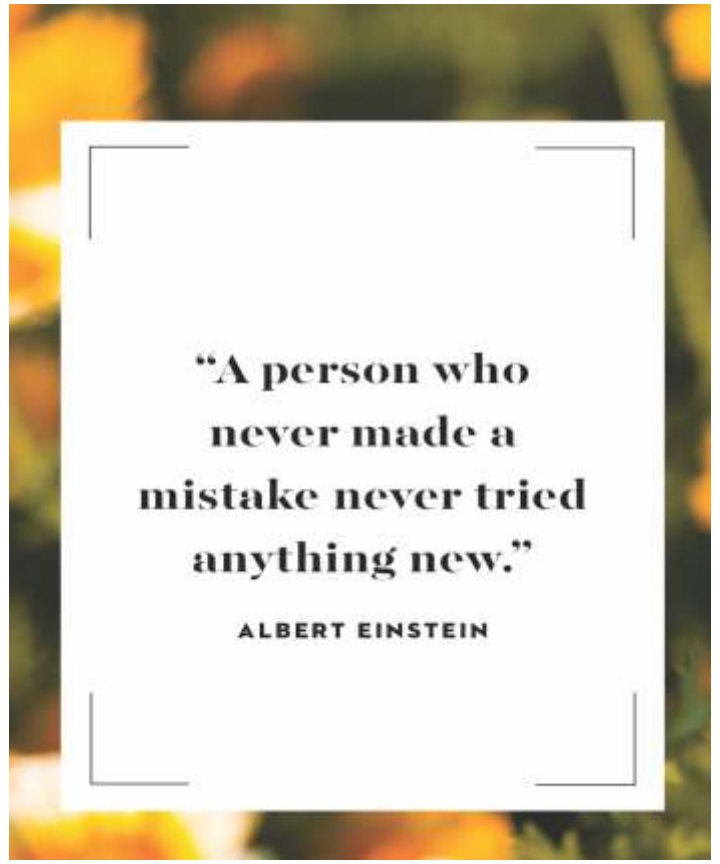
JANUARY 2024

1 New Year's Day **15** Martin Luther King Jr. (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----------|-----|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

*"It is often the small steps, not the giant leaps,
that bring about the most lasting change."*

Queen Elizabeth II



**“A person who
never made a
mistake never tried
anything new.”**

ALBERT EINSTEIN

FEBRUARY 2024

14 Valentine's Day

19 Family Day (CA), President's Day (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | | |

"A person who never made a mistake never tried anything new."

Albert Einstein

**“We can't help
everyone, but
everyone can help
someone.”**

RONALD REAGAN

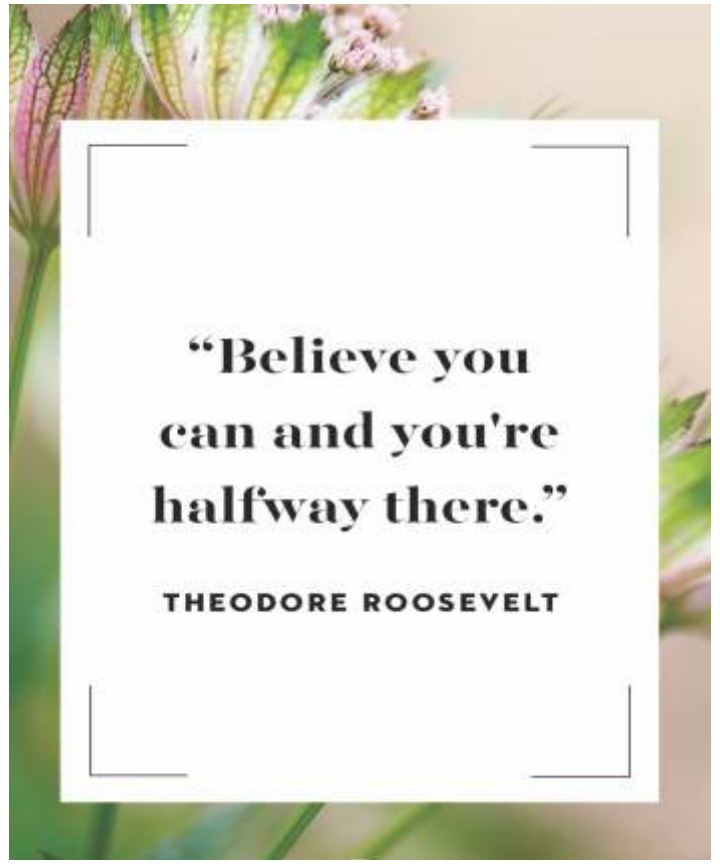
MARCH 2024

17 St. Patrick's Day **29** Good Friday **31** Easter

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|-----|-----|-----|-----|-----------|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

"We can't help everyone, but everyone can help someone."

Ronald Reagan



**“Believe you
can and you’re
halfway there.”**

THEODORE ROOSEVELT

APRIL 2024

1 Easter Monday

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|----------|-----|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

"Believe you can and you're halfway there."

Theodore Roosevelt

**“Where there's hope,
there's life. It fills us
with fresh courage
and makes us
strong again.”**

**ANNE FRANK, THE DIARY
OF A YOUNG GIRL**

MAY 2024

12 Mother's Day

20 Victoria Day (CA) 27 Memorial Day (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

*"Where there's hope, there's life.
It fills us with fresh courage and makes us strong again."*

Anne Frank, *The Diary of a Young Girl*

**“Happiness is not
something readymade;
it comes from
your own actions.”**

DALAI LAMA

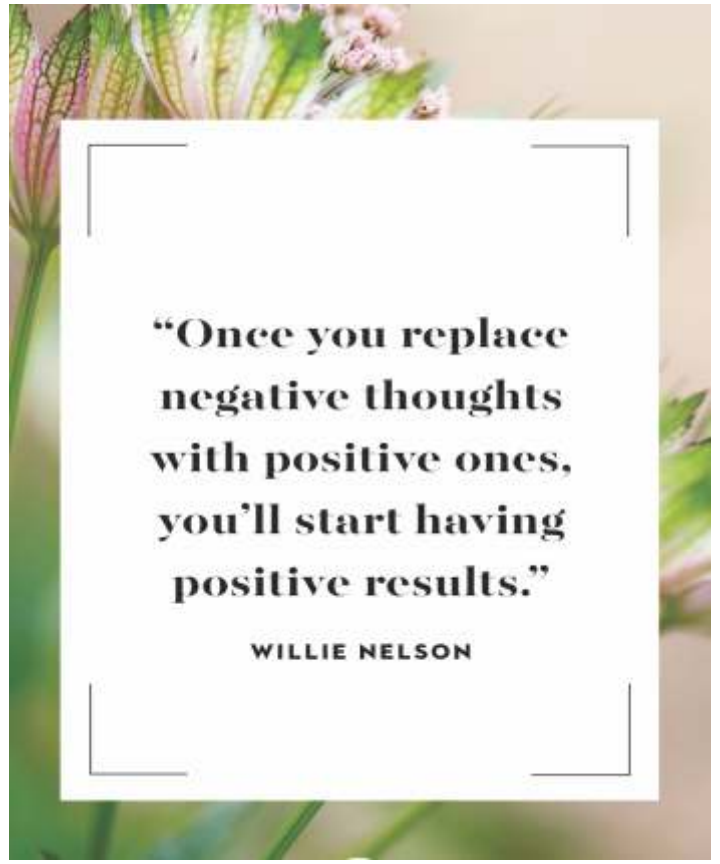
JUNE 2024

16 Father's Day 19 Juneteenth (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

"Happiness is not something readymade; it comes from your own actions."

The Dalai Lama



**“Once you replace
negative thoughts
with positive ones,
you’ll start having
positive results.”**

WILLIE NELSON

JULY 2024

1 Canada Day **4** Independence Day (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|----------|-----|-----|----------|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

*"Once you replace negative thoughts with positive ones,
you'll start having positive results."*

Willie Nelson

**“Remember that the
airplane takes
off against the wind,
not with it.”**

HENRY FORD

AUGUST 2024

5 Civic Holiday (CA)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

“Remember that the airplane takes off against the wind, not with it.”

Henry Ford

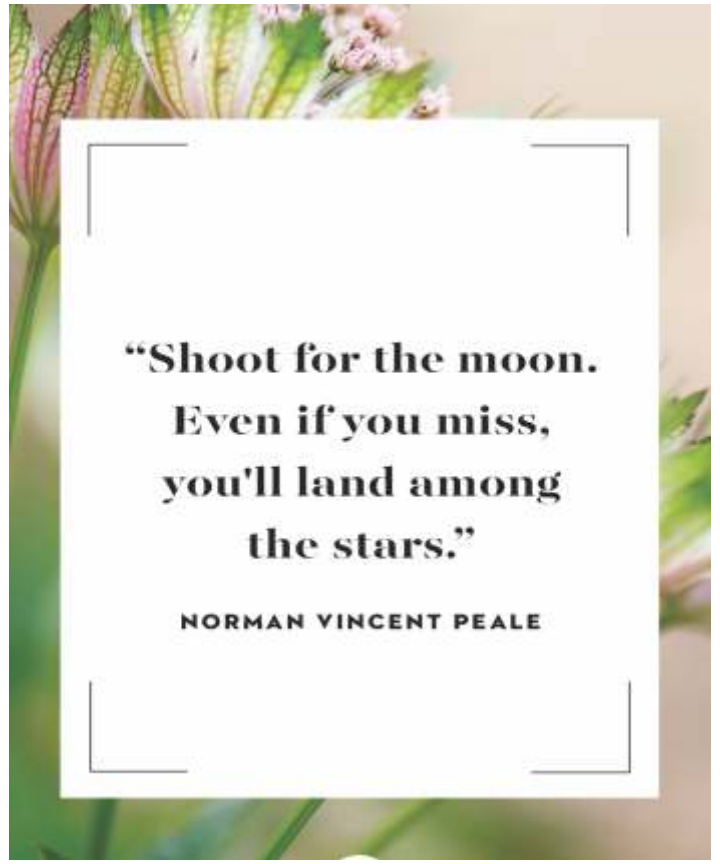
**“Act as if what
you do makes
a difference.
IT DOES.”**

WILLIAM JAMES

I hope you are enjoying this handy calendar.

If you would like to receive a
2025 calendar next year,
please call or email me.

My contact information is
on the business card attached above.



**“Shoot for the moon.
Even if you miss,
you'll land among
the stars.”**

NORMAN VINCENT PEALE

SEPTEMBER 2024

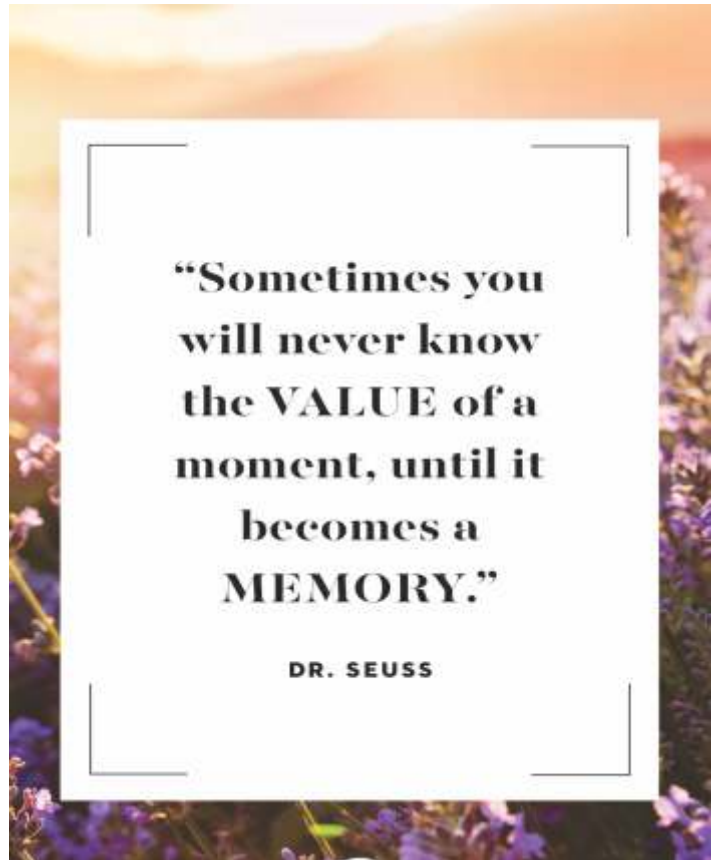
2 Labour Day

30 National Day for Truth and Reconciliation (CA)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----------|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

“Shoot for the moon. Even if you miss, you’ll land among the stars.”

Norman Vincent Peale



**“Sometimes you
will never know
the VALUE of a
moment, until it
becomes a
MEMORY.”**

DR. SEUSS

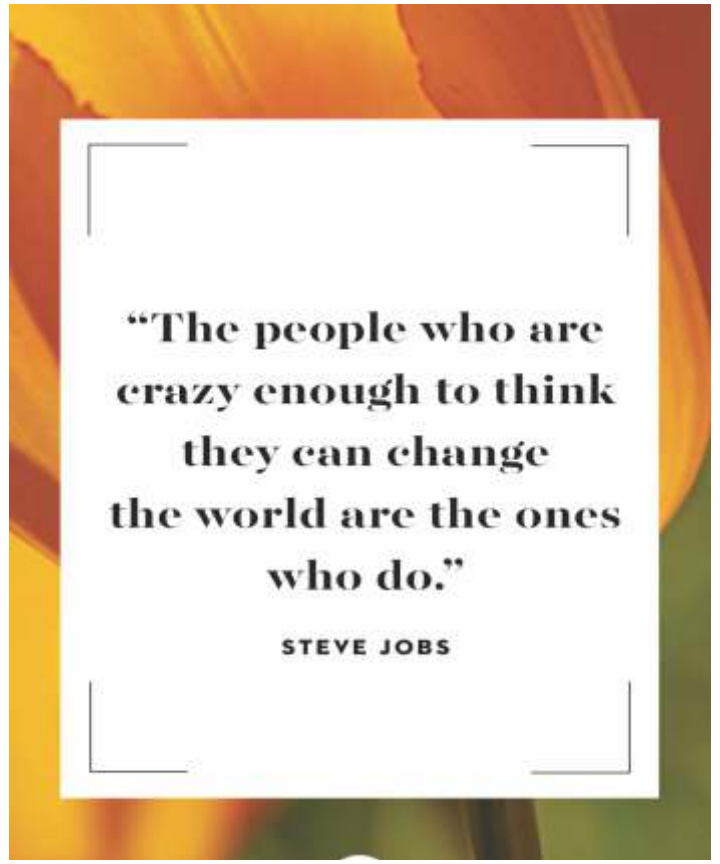
OCTOBER 2024

14 Thanksgiving (CA), Columbus Day (US) **31** Halloween

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----------|-----|-----|-----------|-----|-----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

*"Sometimes you will never know the value of a moment,
until it becomes a memory."*

Dr. Seuss



**“The people who are
crazy enough to think
they can change
the world are the ones
who do.”**

STEVE JOBS

NOVEMBER 2024

11 Remembrance Day (CA), Veterans Day (US)

28 Thanksgiving (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----------|-----|-----|-----------|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

*"The people who are crazy enough to think they can change the world
are the ones who do."*

Steve Jobs

**“If I cannot do
great things, I can
do SMALL things
in a great way.”**

MARTIN LUTHER KING JR.

DECEMBER 2024

25 Christmas Day **26** Boxing Day (ON)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----------|-----------|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

"If I cannot do great things, I can do small things in a great way."

Martin Luther King Jr.

2025

JANUARY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

FEBRUARY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | |

MARCH

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

APRIL

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

MAY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

JUNE

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

JULY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

AUGUST

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

SEPTEMBER

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

OCTOBER

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

NOVEMBER

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

DECEMBER

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

IMPORTANT PHONE NUMBERS

Police • Fire • Ambulance: **Call 911**

Home Address _____

Home Phone _____

Mom's Cell _____

Dad's Cell _____

Hospital _____

Pharmacy _____

Poison Center _____

Doctor _____

Other Important Numbers

KITCHEN CONVERSIONS

| Cup | Milliliters | Fluid Ounces | Tablespoons | Teaspoons |
|----------|-------------|--------------|-------------|-----------|
| 1/16 cup | 15 ml | 1/2 oz | 1 tbsp | 3 tsp |
| 1/8 cup | 30 ml | 1 oz | 2 tbsp | 6 tsp |
| 1/4 cup | 59 ml | 2 oz | 4 tbsp | 12 tsp |
| 1/3 cup | 79 ml | 2 2/3 oz | 5 1/3 tbsp | 16 tsp |
| 1/2 cup | 118 ml | 4 oz | 8 tbsp | 24 tsp |
| 2/3 cup | 158 ml | 5 1/3 oz | 10 2/3 tbsp | 32 tsp |
| 3/4 cup | 177 ml | 6 oz | 12 tbsp | 36 tsp |
| 1 cup | 237 ml | 8 oz | 16 tbsp | 48 tsp |